







Mind Map on the Rules of Mind Mapping

The rules of mind mapping are "intended to help you to a free and good judgement." They are "the children of sound experience," having been extensively tested and refined over the past thirty years.

All you need to begin mind mapping is a topic, a few colored pens, and a large sheet of paper. Follow these rules:

1) Begin your mind map with a symbol or a picture (representing your topic) at the center of your page. Starting at the center opens your mind to a full 360 degrees of association. Pictures and symbols are much easier to remember than words and enhance your ability to think creatively about your

- Write down key words
- Key words are the information-rich "nuggets" of recall and creative association.
- Connect the key words with lines radiating from your central image.
- central image.

  By linking words with lines ("branches"), you'll show clearly how one key word relates to another.
- Print your key words.

Printing is easier to read and remember than writing

5) Print one key word per line

By doing this, you free yourself to discover the maximum number of creative associations for each key word. The discipline of one word per line also trains you to focus on the most appropriate key word, enhancing the precision of your thought and minimizing clutter.

- 6) Print your key words on the lines and make the length of the word the same as the line it is on. This maximizes clarity of association and encourages economy of space.
- 7) Use colors, pictures, dimension, and codes to greater association and emphasis.

Highlight important points and illustrate relationships between different branches of your mind map. You might, for instance, prioritize your main points through color coding, highlighting in yellow the most important points, using blue for secondary points, and so forth. Pictures and images, preferably in vivid color, should be used wherever possible; they stimulate your creative association and greatly enhance your memory.